

DSG

Newsletter Term 3 #30 | 24 October 2019



THE DIOCESAN SCHOOL
FOR GIRLS



Dear Parents and Friends of DSG

I have just returned from Johannesburg for our biannual marketing trip, coupled with the annual DSG Old Girls and Old Andean dinner. It has been a wonderfully positive few days with a superb turnout at the marketing information evening and a celebratory, upbeat alumni dinner. I was incredibly proud to note the number of old girls present there who matriculated in my time here and am most grateful to the Headgirl of 2012, Kirsty Walker, who invited me to share her Uber when my broken phone left me stranded! I also wish to make special mention of Jane Scott and our Advancement Office led by Alison Wienekus, who together with the St Andrew's College Foundation Office and Bridget Rippon, were responsible for the organisation of the event. Thank you and well done to you all.

EN AVANT

The guest speaker at the alumni dinner was Mr Dave Murray who has a long history with DSG and St Andrew's College. He is an OA, an (almost) past parent of both schools (his daughter is about to write her matric exams) and a member of the DSG Council. It is not often that I listen to a speaker and think, "My girls should be hearing this," but what he had to say fell squarely into this category. Besides his speech being entertaining and positive, the message he relayed was incredibly important to all of us. He noted that the world is changing so rapidly that it is virtually impossible to predict with any accuracy what life will be like in twenty-five years' time and thus adequately to prepare for it. However, what we can and must do, is ensure that we have the skills and grit to cope with change so that we are able to adapt and prosper.

Dave quoted Darwin who remarked that, "It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change," and Einstein, who is quoted as having said that "the measure of excellence is the ability to change". In his graciousness about our schools, Dave noted that the ingredients for coping with change as institutions; namely adaptability, flexibility, optimism, courage and resilience; were fully evident over Balloon Week. I felt heart-warmed by his message and encouraged that we are on the right track, for as I remarked in my address to the Old Girls and Old Andreans, "There is much that has changed at DSG in the last decade but at its heart, the DSG girl remains the same – generous, confident, compassionate and competent.

My hope for DSG is that it will continue to flourish in the years to come through embracing change and displaying maturity in its ability to discern between what goes to the heart and soul of who we are and must be preserved, and what is possibly an impediment to progress and prosperity.

Warm regards

Shelley Frayne

Headmistress

Exchange

The Exchange programme runs through the year with girls travelling across the globe to experience, enjoy and learn about other cultures and countries. We welcome back Carmen Beaumont and Caris Walsh for Wilderness in Adelaide, Australia and Savannah Coventry, who has returned from Sainte Anne, in Quebec, Canada. Share some of their experiences by clicking on the link <https://drive.google.com/file/d/1HkdIcOaeE3ibJLwsiVG7UyXss8vkDPH/view?usp=sharing> and watching their video.

The DSG ambassadors for 2019 have been:

Back: Lauren Van Coller, Charlotte Carmichael, Saskia Gambale, Jane Dixie
Front: Paiton Levin, Caris Walsh, Angela Volschenk, Carmen Beaumont, Savannah Coventry



Benji Euvrard

CEMA Awards

Librarians

Commended:

Catherine Frayne, Amantle Ntshole, Nicky Voges, Nosipho Nabo, Rickey Beyi

Highly Commended:

Erin Powers

Half Colours:

Toni Rafferty, Pelela Mpotulo, Amanda Gambiza, Angela Volschenk, Emma Porter

Music

Half Colours:

Lauren Carmichael, Genevieve Powell

Chapel Choir

Congratulations to Ivana Stevens and Mbesi Kukisi who have been elected as Head Chorister and Deputy Head Chorister respectively for 2020.

Jovan Heynsen



Good luck to all our girls as they enter the exam phase of the year.
Study hard. Stay calm. Don't forget to breathe and RTQ²!

OCTOBER/NOVEMBER 2019 EXAM TIMETABLE - FINAL (NEWSLETTER)

		GRADE 11	GRADE 10	GRADE 9	GRADE 8
Tues 22 Oct	13h50	Normal School	Life Sciences Prac (1½ h) Swot Leave begins at 15h30		
Wed 23 Oct	07h50	Normal School	Swot Day		
Thurs 24 Oct	07h50	Normal School	Dramatic Arts (Practical) (4h) Info Tech (Practical) (2h) CAT Prac (2 h)	Normal School	Normal School
Fri 25 Oct	07h50	Normal School	Life Sciences (3 h)	Normal School	Normal School
Mon 28 Oct	07h50	Normal School	English HL P2 (1½ h)	Normal School	Normal School
Tues 29 Oct	07h50	Normal School Trinity Music Exams	Mathematics P1 (2 h) Maths Literacy Project Submission Trinity Music Exams	Normal School 09h15 English IBT (Boys only) (in classes) to 10h15 Trinity Music Exams	Normal School Trinity Music Exams
Wed 30 Oct Nov	07h50	Normal School Trinity Music Exams	History (2 h) Trinity Music Exams	Normal School 07h30 Mathematics IBT (Boys only) (in Cycle Test) to 08h30 Trinity Music Exams	Normal School Trinity Music Exams
Thurs 31 Oct	07h30	Normal School Trinity Music Exams	07h30 ieBT Reasoning (Boys only) (1 h) Trinity Music Exams	07h30 ieBT Reasoning (Boys only) (1h) Normal School Trinity Music Exams	07h30 ieBT Reasoning (Boys only) (1 h) Normal School Trinity Music Exams
	13h50	Life Sciences Prac (1½ h) Swot period begins at 15h30			
Fri 1 Nov	07h50	Swot Day	Physical Science P2 (Chemistry) (2 h) Business Studies (2 h)	Normal School	Normal School
Mon 4 Nov	07h50	ieBT Maths Exam (2 h) Music Prac Exams	Accounting (2½ h) Visual Arts (2½ h) Music Prac Exams	Normal School Music Prac Exams	Normal School Music Prac Exams
	13h50	Business Studies (2 h)			
Tues 5 Nov	07h50	Dramatic Arts Prac (5 h) IT Prac (2½ h) CAT Prac (2 h) Music Prac Exams	Dramatic Arts (Theory) (2 h) Inf Tech (Theory) (2 h) Music (Theory) (3 h) Design (Theory) (3 h) Mandarin P2 (2 h) Music Prac Exams	Normal School Music Prac Exams	Normal School Music Prac Exams

Wed 6 Nov	07h50	Mathematics P1 (3 h) Maths Literacy P2 (3 h) Music Prac Exams	English HL P1 (2½ h) Music Prac Exams	Normal School Music Prac Exams	Normal School Music Prac Exams
Thurs 7 Nov	07h50	Afrikaans HL P2 (Skryf) (2 h) Afrikaans FAL P1 (Lees) (2½ h) isiXhosa FAL P2 (Writing) (2½ h) French P1 (2h) Mandarin P2 (2 h) Music Prac Exams	Geography P1 (2 h) Music Prac Exams	Normal School Music Prac Exams	Normal School Music Prac Exams
	13h50		Geography P2 (1 h)		
Fri 8 Nov	07h50	Accounting P1 (2 h) Visual Art (3 h) Music Prac Exams	Physical Science P1 (Physics) (2 h) Music Prac Exams	Normal School Music Prac Exams	Normal School Music Prac Exams
	13h50	Accounting P2 (1 ½ h)			
Sun 10 Nov	12h00			Grade 9 Boys Outdoor Ed Grade 9 Girls Normal School	Grade 8 Boys Outdoor Ed Grade 8 Girls Normal School
Mon 11 Nov	07h50	Phys Science P1 (Physics) (2½ h)	Mathematics P2 (2 h) Maths Literacy P2 (2 h)	Grade 9 Boys Outdoor Ed Grade 9 Girls Normal School	Grade 8 Boys Outdoor Ed Grade 8 Girls Normal School
Tues 12 Nov	07h50	English P1 (Reading) (3 h)	Afrikaans HL P1 (Lees) (2 ½ h) Afrikaans FAL P1 (Lees) (2 ½ h) Xhosa FAL P1 (2 h) French P1 (2 h) Mandarin P1 (2 h) CAT (2 h)	Grade 9 Boys Outdoor Ed Grade 9 Girls Normal School	Grade 8 Boys Outdoor Ed Grade 8 Girls Normal School
Wed 13 Nov	07h50	History P1 (2 h)	JJFRJ Departs	Grade 9 Boys Outdoor Ed Grade 9 Girls Normal School	Grade 8 Boys Outdoor Ed Grade 8 Girls Normal School
Thurs 14 Nov	07h50	AP English (2 h)		Normal School	Normal School
Fri 15 Nov	07h50	Life Sciences (3 h)		Normal School	Normal School
Mon 18 Nov	07h50	Life Orien Discursive Essay (2 h)		Normal School	Normal School Maths Skills Exam (1h) in class
Tues 19 Nov	07h50	Afrikaans HL P1 (Lees) (3 h) Afrikaans FAL P2 (1½ h) isiXhosa FAL (Reading) (2½ h) French P2 (2 h) CAT (Theory) (2 h) Mandarin P1 (2 h)		Normal School Maths Skills Exam (1h) in class	Normal School
Wed 20 Nov	07h50	Geography P1 (3 h)		Normal School	Normal School
	13h50	Geography P2 (1½ h)			
Thurs 21 Nov	07h50	History P2 (2 h)		Normal School	Normal School
Fri 22 Nov	07h50	Phys Science P2 (Chemistry) (2½ h)		D & T (2 h) in D&T Centre	Normal School
	13h50			EMS (1½ h)	
Mon 25 Nov	07h50	English P2 (Writing) (2½ h)		Afrikaans FAL (2 h) isiXhosa FAL (2 h) French FAL (1½ h) Mandarin FAL (1½ h)	
	10h50				Mathematics (2 h)
Tues 26 Nov	07h50	AP Maths (2 h)		English (2 h)	
	10h50				Natural Science (1½ h)
	13h50				isiXhosa SAL (1 h) Music (1½ h) Classical Civilizations (1½ h) French SAL (1 h) Mandarin SAL (1 h) Latin SAL (1½ h) German SAL (1 h)
Wed 27 Nov	07h50	Design Theory (3 h) Drama Theory (3 h) IT Theory (2 h) Music P1 (2½ h)		Mathematics (2 h)	
	11h20				Geography (1½ h)
	13h50	Music P2 (1½ h)			
Thurs 28Nov	07h50	Mathematics P2 (3 h) Maths Literacy P1 (3 h)		Mandarin SAL (1 h) Music (1½ h) Classical Civilizations (2 h) French SAL (1 h) isiXhosa SAL (1 h) Latin SAL (2 h) German SAL (1½ h)	
	11h20			Creative Arts (1½ h)	History (1½ h)
Fri 29 Nov	07h50	Grade 11 Outdoor Ed Departs		Natural Science (1½ h)	D & T (2 h) GIRLS in D&T Centre
	10h50				D & T (2 h) BOYS in D&T Centre
Mon 2 Dec	07h50			Geography (1½ h)	Afrikaans FAL (1½ h) isiXhosa FAL (1½ h) French FAL (1½ h) Mandarin FAL (1½ h) German FAL (1½ h)
Tues 3 Dec	07h50			History (1½ h) Grade 9 Exams end	English (2 h) Grade 8 Exams end

Debating

Interhouse debates took place on Wednesday and Thursday last week. The first round saw the Houses debate about whether batman and superman are misleading role models or if celebrities are bad role models. Both the seniors and juniors debated if social media does more harm than good in the Final and many ideas were shared.

After much deliberation, the winners were announced as follows:

Juniors: Crewe 2nd and Knowling 1st, with Estelle Minas named the Best Speaker of the Debate.

Seniors: Merriman came in 2nd, with a special mention for Emma Paul for her excellent matter and skills shown, but it was Crewe who took the victory, with Jemima Baum named the Best Speaker of the Debate.

Thank you to the supporters who came to watch, as well as to the matric adjudicators - Tyla Ajay, Jemima Clowes, Khumo Geneste, and to Libo Ngwenya and Oyama Mzayidume for assisting as well on the evenings.

Michelle Mason

President's Awards

All DSG girls sign up to participate in the President's Award for Youth Empowerment as an integral part of their education and life skills' attainments. It is an internationally recognised programme which exists to equip youth to succeed in life and work and offers young people the opportunity to develop their character, discover their purpose and determine their future to contribute to building a better South Africa for all. The Duke of Edinburgh's International Award began in 1956 in the UK and was introduced in South Africa in 1983. It has been known as the President's Award for Youth Empowerment since 1994, with Mr Nelson Mandela as the first Patron-in-Chief.

The programme requires commitment, dedication and an adventurous spirit. The tasks are challenging and winning an award shows determination, stamina and a love for community service. We therefore congratulate our latest recipients of the prestigious President's Awards:

Bronze: Amy Fowlds, Indiphile Duda, Kristen Foster, Isabella Pinto and Amy Thompson

Silver: Kate Procter

However, it is those few who reach for the Gold Award who deserve our greatest admiration and so we give special mention to:

Gold: Erin Southey and Chiara Williams-Wynn



Erin Southey



Chiara Williams-Wynn

Congratulations Mr and Mrs Holmes!

Over half term, our very own Marketing Manager and DSG Old Girl, Vanessa Bowes, joined in holy matrimony in the DSG Chapel to Old Andrian, Graeme Holmes. The ceremony was followed by their reception which was held at St Andrew's College. We wish Vanessa and Graeme every happiness as they continue to be prominent members of our school and town communities.



Rhodes Scholar-Elect for 2020: Emma Frances Dreyer

Mrs Shelley Frayne and Mr Alan Thompson, the Heads of The Diocesan School for Girls (DSG) and St Andrew's College, respectively, are delighted to announce that St Andrew's College Rhodes Scholar-elect for 2020 is Ms Emma Dreyer.

Emma achieved a Bachelor of Science in Occupational Therapy (with Distinction) in 2018 at the University of Cape Town, and she is currently completing her Community Service at Ngwelezana Hospital, a rural hospital near Empangeni in KwaZulu Natal.

She intends to read for two Masters degrees at Oxford, the first an MSc Education (Child Development and Education) and then an MSc Evidence-based Social Intervention and Policy Evaluation.

Emma was Deputy Head Girl of DSG, Head of Espin House and Vice-Captain of both Netball and Dance. She achieved Academic Honours, Colours for both Athletics and Drama, and Half Colours for Community Engagement and Netball, as well as playing First Team Tennis. In addition, she was a member of the Arts and Culture Committee and achieved Merit in the Advanced foundation RAD Ballet examination.

At the University of Cape Town, she graduated with distinction and was a member of the Golden Key society. She was involved in SHAWCO (Student Health and Wellness Centres Organisation) throughout her university career, rising to the positions of Paediatrics and SARDA Representative, and on to the position of Head of Occupational Therapy in her final year.

She was a member of the SHAWCO Steering Committee that was awarded the 2018 "UCT Student Team of the Year", bestowed by the Vice Chancellor of UCT "to a team that showed outstanding performance as well as contributed to the living vision and values of UCT." This was a singular achievement but, her crowning achievement while at UCT was



the foundation of a new clinic for Health and Rehabilitation Sciences at Cheshire Homes in Langa, one of the oldest townships in Cape Town. This clinic is still running effectively and sustainably due to the thoughtful and intelligent manner in which it was established.

Emma is a young woman of clear purpose, and her vision is to use her education at Oxford to improve her insight into effective education and social development strategies. She aspires to have input into the policies and practices that are required to sustainably empower communities and influence the youth of South Africa to reach their full potential.

Positive Education Conference – 17 and 18 October

“Teachers and researchers in positive psychology are natural allies. At its core, education is about nurturing strengths, about growth and learning. Furthermore, psychological and social well-being are key concerns for teachers and other educators and for people working in the field of positive psychology” (Shankland & Rosset, 2017).

This past week saw delegates from schools from all over South Africa attend the Positive Education Conference hosted by St Andrew’s College.

Associate Professor Mathew White from the University of Adelaide was the anchor speaker and he grounded the case for Positive Education in research that has been conducted over the past decade. His experience as the lead in Positive Education and Wellness at both Geelong Grammar and at St Peter’s College in Australia enabled him to



provide valuable insights into the benefit of wellness initiatives and a strength-based approach to education. He was able to provide practical strategies for the implementation of Positive Education in South African schools as well as paint a picture of where the field is heading in the next decade.



Dr Colleen Vassiliou, Head of Kingswood, presented a very thought-provoking talk on resilience and building pupils’ ability to bounce back and Tim Jarvis of Michaelhouse provided valuable insights into the inner workings of the teenage brain. We were also fortunate to have Dr Jono Davy from Rhodes University speak about the Science of

Sleep and how a lack of sleep can hinder the development of healthy teenagers both physically and academically. Lynn van t’Hoff and Cailyn Sonderup were able to share some best practice around the implementation of mindfulness in schools in the Western Cape and demonstrated the benefits of cultivating a culture of mindfulness in schools.

A number of DSG and St Andrew’s staff contributed to the programme in very inspiring ways. Jane Jarvis presented a fantastic talk on staff wellness entitled ‘Protecting One’s



Sanity: Time and Stress Management’ and Yvonne Lion-Cachet provided some valuable feedback gleaned from the International Positive Psychology Association conference held in Melbourne in July. Andrew Renard presented a talk on the development of positive spaces and nurturing an atmosphere in which pupils can take ownership of their learning space and thrive within it. Joe Orsmond presented his extremely uplifting talk on the lessons he has learnt from creative writing and engaging with story and Roy Hobson presented his IBSC action research paper on strengths-based coaching for leadership in which pupils were challenged to engage authentically so that they could become truer versions of themselves.

The schools that attended the conference will form the backbone of a Positive Education Schools’ Association that will be launched at the start of 2020 that will provide ongoing direction for the implementation Positive Education in schools across the country. The support for this initiative has already developed some significant traction and the benefit for pupils and wellbeing in schools will be very powerful.

Craig Cuyler



Sport

Dear Parents

We are entering the final stretch of 2019 and part of our focus at the moment is locking down dates for 2020. The big winter derby days and tours are almost all in place and hopefully we can share these dates with you when we publish next week's newsletter. This weekend sees the last of our outgoing tours for the year as our 1st and U14A water polo teams are in Johannesburg; I must admit it is good to be at the back end of our sports tours for 2019. With Grahamstown being relatively remote in the big picture of South African school sport we definitely find ourselves on more than our fair share of sports tours, but it is as important for our girls and teams to have the opportunity to test themselves against varied opposition, as it is for DSG to be at these events around the country and hopefully being competitive as well. In 2019 we sent DSG teams on no less than 33 sports tours to destinations as close as Port Elizabeth and as far afield as Johannesburg and Cape Town. Even George, Knysna, Despatch and Paarl saw DSG teams in action. We do not judge the success of these tours on results, but on the value of and learning which happens through competition, the role the girls play as ambassadors for DSG, and most importantly, on the enjoyment had by all on the tour. On reflection it has been another fantastic year for DSG on this front.

There is much to feedback on from the past week and the reports are below.

Tennis

DSG played tennis against Port Alfred High School last week and the 1st team won 10-2, while the U15A's scraped through with a 5-4 win. Our 3rd tennis team took on Kingswood this week in doubles and we won all the games to end up with a 4-0 scoreline.

Squash

Erin Powers played in the Westview Dunlop Youth Squash Open in Port Elizabeth on Sunday where she won all 5 of her matches to win gold in the U16 division.

Horse Riding

The Settlers Show was held at the Grahamstown Riding Club this past weekend with our riders achieving some incredible results.

Hannah Jones picked up two 3rd places, one 2nd place, was 1st in the Prelim 2 Dressage and was the Reserve Champion in the Welcome Working Hunter.

Georgie Gerber placed 2nd in the Intermediate Equitation and she won the Open Working Hunter.

Emily Paterson picked up two 3rd places and she placed 1st in the 1m Welcome Stakes.

Ally Rowe was 2nd in the 90cm Championships, while Beth Rennie was 2nd in Novice Equitation and won the 90cm A2. Felicity Burton placed 2nd in the 70cm Welcome Stakes Tarryn Whitfield won both the 1.10m A2 Speed and the 1.10m Competition.

However, despite all this success, it was Emma-Jane Gouws who stole the show as she won the Intermediate Equitation, the Novice Dressage 3, the Novice Dressage 5, the 1.10m Competition and the Novice Working Hunter. She also won the Onyx Trophy as the Junior with Most Points in Show, and shared the trophy for the Horse with Most Points in Show.

Athletics

Erin Lowe, Morgan du Plessis, Jamie Campbell, Natalie Morris and Emma Kruse competed in an EP athletics meeting at Nelson Mandela University this past weekend. All the girls had to compete in the U18 division and they all did very well, despite being younger than most of the other athletes.



Special mention of Emma Kruse who won the 800m and Jamie Campbell who won the 400m race.

Water Polo

The DSG U14B team travelled to East London over the weekend to play in the Peter Cuff tournament hosted by Hudson Park. The DSG team competed well against the U14A teams of other schools and ended in 6th place in the tournament, after a narrow loss to Hudson Park U14A in their final playoff game.

DSG hosted Alex Road and Pearson in the Aquatic Centre on Saturday for a derby day of matches. Against Alex we played 7 matches of which we won 4, drew 1 and lost 2. The 1st team played out to a 6-6 draw, while the U14A's had the pick of the results with an 18-2 win.

Against Pearson we played 6 matches and we won 3 and lost 3. The 1st team had an epic encounter and put in a wonderful performance to win a nail-biting game 10-9. Special mention of Tayla Brown and Kat Behr who have reached the 100 cap mark for the DSG 1st team and were recognised on Saturday for their achievement.

Looking ahead to this weekend and we have two water polo teams in Johannesburg playing in their final school tournaments of 2019. The 1st team are at St Stithians College while the U14A are at Roedean School.

We have a large number of athletes competing in Port Elizabeth on Saturday at another EP athletics meeting, while Woodridge College pay a visit to DSG for a round of water polo fixtures on Saturday. On Saturday and Sunday, the GAP Tennis (Grahamstown & Port Alfred) Championships take place and we have a number of Grade 8's and 9's competing in the U16 section.

We also have Ipswich Girls School from the UK visiting us on Thursday and Friday this week, as they are on their tour around South Africa. We will play an U15 hockey match against them on Thursday, as well as competing against them in a swimming gala on Friday which is an interesting and welcome change from the normal tourist schedule and gives our swimmers an opportunity to get some competition.

Next week then see's the last week of official sport for the Grade 10's and 11's as we build up to the annual end of year water polo fixture against Kingswood next weekend. However, the Grade 8's and 9's will still have a few more weeks of sports practices before they break for their end of year exams.

Warm regards

Chris Hibbert

Director of Sport



Katarina Behr with Ms Frayne



Tayla Brown with Ms Frayne



Tayla Brown and Katarina Behr



Graaff-Reinet Old Andrians,
Old DSG Girls, Parents of pupils
(past and present) and special guests.

You are cordially invited to the
Annual Graaff-Reinet Old Andrian
and DSG Function

Date: Thursday, 31st October

Time: AGM 17:00, Cocktail Function 18:30

Venue: Graaff-Reinet Club

Cash bar is available

RSVP: 24th October

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